

THE HEART SUTRA

(MAHA) PRAJNA PARAMITA HRIDAYA SUTRA

Avalokiteshvara Bodhisattva when practicing deeply the Prajna Paramita perceives that all five skandhas are empty and is saved from all suffering and distress.

Shariputra, form does not differ from emptiness, emptiness does not differ from form. That which is form is emptiness, that which is emptiness, form. The same is true of feelings, perceptions, impulses, consciousness.

Shariputra, all dharmas are marked with emptiness. They do not appear or disappear, are not tainted or pure, do not increase or decrease. Therefore in emptiness, no form, no feelings, perceptions, impulses, consciousness. No eyes, no ears, no nose, no tongue, no body, no mind; no color, no sound, no smell, no taste, no touch, no object of mind; no realm of eyes and so forth until no realm of mind-consciousness. No ignorance and also no extinction of it, and so forth until no old-age and death and also no extinction of them. No suffering, no origination, no stopping, no path, no cognition, also no attainment, with nothing to attain.

The Bodhisattva depends on Prajna Paramita and mind is no hindrance, without any hindrance no fears exist. Far apart from every perverted view we dwell in Nirvana.

In the three worlds all Buddhas depend on Prajna Paramita and attain Anuttara Samyak Sambodhi.

Therefore know that Prajna Paramita is the great transcendent mantra, is the great bright mantra, is the utmost mantra, is the supreme mantra, which is able to relieve all suffering and is true, not false. So proclaim the Prajna Paramita mantra, proclaim the mantra that says:

GATE, GATE, PARAGATE, PARASAMGATE, BODHI SVAHA

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